

RECITAL HAIR INFORMATION

- All hair, including bangs, must be slicked back with hair gel and/or hairspray into a high ballet bun (on the crown of the head) that is secured with at least 8 hair pins or bobby pins.
- Must have a hairnet that matches your dancers' hair color.
- Please no hair donuts for buns!
- If you are new to performance hair or need a refresher, please view the video tutorial below.
- We **HIGHLY** suggest that you test out your performance hair routine prior to our Dress Rehearsal and Performance to ensure all goes smoothly

[Ballet Bun Supplies List \(Amazon\)](#)

[Ballet Performance Bun Tutorial](#)

NOTE: NO NAIL POLISH. NO EARRINGS.